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Mike Anderson

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# career profile

* Looking for a fulfilling position as a Licensed Massage Therapist in an environment where I am able to use my massage skills and expertise to suit the needs of my clients

# Professional strengths

* In-depth knowledge of various massage modalities such as European, Western, and Oriental massage modalities
* Possess superb interpersonal and written communication skills
* Compassionate, friendly, and helpful attitude
* Perform services in a professional and confidential manner
* Knowledge of Reflexology, Swedish massage, Shiatsu, Sports massage, Acupressure, Touch pro chair massage, Tsubo and Amma massage
* Basic computer skills as well as knowledge of Microsoft office operating systems including MS Word, PowerPoint, Access, and Excel. Proficient in using internet
* Compliant with state and local licensing laws and regulations
* Possess good customer service and time management skills

# Professional Experience

**The Center for Massage and Healing** Pittsburgh, PA

*Licensed Massage Therapist* February 2007 – Present

* Performing consecutive twenty minute chair massage focusing on the shoulder and neck areas
* Maintain proper cleanliness of therapy rooms in accordance with the specifications set by the Board of Health
* Conduct open therapeutic massages to generate and promote new business
* Design specific massage sessions based on client's needs
* Explain the benefits of massage to clients
* Generate new clientele through guest pass programs and promoting member referrals
* Maintain good relationship with clients

**Natural Concepts Spa** Pittsburgh, PA

*Licensed Massage Therapist* October 2005 – January 2007

* Performed various types of massage services for Natural Concepts customers such as Swedish, Deep Tissue, Hot Stone, and sports related massage therapies
* Maintained cleanliness of salon areas and spa
* Convey to customers the importance of proper body mechanics and breathing exercises
* Assisted physical therapist in performing medical massages on patients with varying degrees of chronic pathological disorders. Average massages on 50 patients per week.
* Promoted range of motion and body resistance activities through hands-on exercise weight training program
* Attended staff meetings and performed additional duties as needed

# Educational summary

**The School for Massage Therapy** Pittsburgh, PA

*Certification course: Certified Licensed Massage Therapist* 2004

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