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Carol Ann Thomas

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# Job Objective

I am interested in obtaining a position as a Licensed Massage Therapist where I can continue to maximize my massage skills as well as contribute to a goal-oriented organization.

# Summary of Qualifications

* Skilled in the use of many massage therapy treatments and techniques
* Experienced in providing Swedish and deep tissue massage, effleurage, hot stone therapy, and various other massage and relaxation techniques
* Skilled in determining the best and most appropriate course of treatment needed for each client
* Eager and able to learn new massage and therapy techniques and treatments
* Able to maintain regular clientele as well as recruit and treat new clients
* Able to provide flexible scheduling for ease of making appointments
* Ability to lift heavy weights and work for long periods of time

# Professional Experience

**The Healing Garden Salon and Spa** Los Angeles, CA

*Licensed Massage Therapist* June 2006 – Present

* Prepare reports of any unsafe conditions in therapy rooms or spa
* Maintain all massage rooms and tools through regular cleaning and sterilization
* Prepare regular reports for each client’s confidential file
* Monitor massage rooms and client behavior
* Assist in promotion of wellness for the benefit of clients
* Develop new ideas and strategies to promote sale of retail products such as massage oils and creams, facial products and other related wellness items
* Provide exfoliating services to clients as necessary

**Relaxations Spa Center** Atlanta, GA

*Licensed Massage Therapist* May 2004 – July 2005

* Assisted guests in choosing appropriate treatment for their needs
* Prepared reports of any accidents and submitted to the director
* Coordinated with customers to pick appropriate products for their use at home
* Provided clients all information regarding treatment plans offered in spas
* Developed schedule for organizing all appointments in spa
* Maintained optimal standards of services throughout the spa
* Provided superb customer service to all customers

**The Grand Salon and Spa** Atlanta, GA

*Licensed Massage Therapist* March 2003 – April 2004

* Conferred with each client to assess their medical history, problems, symptoms, specific areas of concern, and other relevant information before treatment
* Made referrals to different specialists if it was determined that the client’s condition would benefit from it
* Developed strategies to promote sale of retail products such as body creams and lotions, massage oils, and other related products
* Provided exfoliating services to clients if necessary
* Interviewed clients to discuss the required massage method and determine their preferred treatment
* Prepared the massage oil and other equipment necessary to perform treatments
* Applied proper pressure to the client for optimal results and comfort
* Consulted with other health practitioners to provide the client with the best therapy
* Maintained confidential records of treatments for each client
* Referred clients for other treatment if necessary

# Education

**The Massage College** Atlanta, GA

*Bachelor's Degree in Massage Therapy* 1999

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