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Melissa Sue Troop

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# eMPLOYMENT

**Kings Highway Therapy Center**

*Psychodynamic Psychotherapist- private practice* 2007 – Present

* Member of USAPT, United States Association of Psychodynamic Therapists
* Work to explore implicit/unconscious communication, anxiety, dissociation, depression, character/personality disorders, echoes/ acts of the past, and dreams

**Kings Highway Therapy Center**

*Registered massage therapist- private practice* 2003 – 2007

* Psychogenic body work, trauma oriented, emotionally oriented, sensation following,
* perform Swedish therapeutic deep tissue massage for relief of symptoms of acute pain, and chronic pain, provide relaxation and stress relief
* Provide soft tissue injury resolution
* Provide education of the intersection and integration of body, emotions, and the mind

**Riverwoods Health Center, Veterans Hall**

*Registered massage therapist* 2001 – 2003

* Provide therapeutic massage in chronic care facility with end-of life comfort treatments

**Lakeshore Area Multi-Services Project, Kitty Hawk**

*Registered massage therapist* 1994 – 2001

* Worked as a registered massage therapist in cooperation with staff physicians regarding reduction of chronic strain due to repetitiveness, chemical sensitivities, and other injuries sustained in the workplace, provide resident therapy for staff, and outreach for the benefit of the community

**Dr. Jim Sanders Chiropractic Care Clinic, Myrtle Beach**

*Registered massage therapist* 1990 – 1993

* Referrals from two chiropractors, performed pre- and post-chiropractic adjustment massage, and relaxation

**Sylvania Youth Center, Oakdale**

*Treatment as an adolescent care worker* 1987 – 1990

* Treated emotionally and psychiatric-ally disturbed adolescents in a maximum-security youth center
* Per formed Long-term and crisis counseling of sexually abused, explosive, self-destructive adolescents
* Worked in cooperation with team of teachers, social workers, and psychiatrists
* Annual CPR re-certification

**Barnett, Schuster, and Stevens, Nags Head** Orlando, FL

*Law clerk* 1986 – 1987

* Provided counseling and support for patients at Wright Psychiatric Hospital and Shore Drive Mental Health Center
* Attended Mental Health Review Board hearings, provided paralegal discharge and transitional support

**Central South Carolina Youth Services and Street Outreach Services, SC**

*Contract worker* 1986 – 1988

* Worked as an individual counselor in the community with adolescents at risk. Provided crisis intervention, problem solving, life skills, guidance, self-esteem building, promoted stability, provided available community resources

**South Carolina Center for Therapy, South Carolina**

*Child care worker* 1982 – 1985

* Provided long-term therapy of emotionally disturbed adolescents in a residential setting. Provided structure, support, life skills, and counseling with team of psychiatrists, social workers, and teachers, and a family liaison provided community resources

**TV South Carolina**

*Researcher/writer* 1979 – 1981

* Fast Forward, documentary series: program developer, researcher, script writer, production coordination, performed interviews on location internationally and in the United States

**Camp Horry**

Human Resource Manager – Intern 1975 – 1976

* Summer camp staff coordinator, performed interviewing/hiring of employees, director for young adolescents
* Director/editor of promotional films

# Education

**The Center for Psychotherapy, Psychodynamic Psychotherapist** 2002 – 2009

**University of SC**

*BS, Major in Psychology* 2008

**Kristi Macgraw, Emotion oriented body work**

*The Macgraw Method Training and Supervision Course* 1997 – 2001

**Southland Massage School and Clinic**

*Registered Massage Therapist* 1986 – 1988

**Carson Polytechnical Institute**

*Radio and Television Arts* 1975 – 1978

**University of South Carolina**

Bachelor of Business Administration 1973 – 1987

# experience

*Traveler, independent global travel* 1982

**The Hospital for Children, SC**

*Child care worker and volunteer* 1979 – 1981

* Recreational assistant for nonverbal, emotionally and physically challenged adolescent children

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